



Navy Heart Essential Oils

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IFRA COMPLIANCE DOCUMENT

Roman Chamomile Essential Oil (Steam Distilled) | IFRA 51st Amendment (June 2023)

Issue Date: August 9, 2026 | Version 2.0 —

PRODUCT IDENTIFICATION

Product Name	Roman Chamomile Essential Oil (Steam Distilled)
Botanical Name	Chamaemelum nobile (Anthemis nobilis)
INCI Name	Anthemis Nobilis Flower Oil
CAS Number	8015-92-7
Product Type	Essential Oil — Aromatic
Supplier	Navy Heart Essential Oils, Calgary, Alberta, Canada
IFRA Amendment	51st Amendment to the IFRA Code of Practice (published June 2023)
Document Issue Date	August 9, 2026

IFRA COMPLIANCE STATEMENT

Navy Heart Essential Oils hereby confirms that Roman Chamomile Essential Oil (steam distilled) is assessed in accordance with the IFRA 51st Amendment (June 2023).

Roman Chamomile Essential Oil does not contain any materials prohibited by IFRA.

Roman chamomile's characteristic aroma chemicals — isobutyl angelate, isoamyl angelate, 2-methylbutyl angelate, and related esters — are not restricted materials under the IFRA Standards. These esters are simply the compounds responsible for the oil's apple-like, herbaceous scent and do not carry a usage cap.

Like most botanical essential oils, Roman chamomile can contain trace-level naturally occurring constituents that appear on the IFRA/EU fragrance allergen list — commonly linalool, limonene, eugenol, citronellol, geraniol, and/or benzaldehyde. These typically occur at very low (sub-1%) levels and do not trigger a category-specific usage restriction at the concentrations normally found in this oil.

IFRA CATEGORY USAGE — 51ST AMENDMENT			
IFRA Category	Typical Product Applications	IFRA Restriction (51st Amdt.)	Navy Heart Recommended
1	Lip products (lip balm, lipstick, lip gloss, lip scrub)	Not Limited	Up to 0.5% for lip use
2	Deodorant & antiperspirant (spray, stick, roll-on)	Not Limited	Up to 2%
3	Facial makeup, eye products, foundation, blush	Not Limited	Up to 1%
4	Hair leave-on (hair oil, hair serum, scalp treatment)	Not Limited	Up to 3%
5A	Body leave-on: body lotion, butter, oil, cream	Not Limited	Up to 2%
5B	Face leave-on: facial moisturiser, face cream, serum, toner	Not Limited	Up to 1%
5C	Hand leave-on: hand cream, hand lotion, cuticle cream	Not Limited	Up to 1.5%
5D	Baby leave-on: baby lotion, baby oil, baby cream, diaper cream	Not Limited	Up to 0.5% — extra caution for baby
6	Intimate wipes, feminine hygiene products	Not Limited	Up to 0.5%
7A	Rinse-off body: shower gel, body wash, shampoo, bath products	Not Limited	Up to 2%
7B	Rinse-off hair: conditioner, hair mask, hair rinse	Not Limited	Up to 2%
8	Intimate leave-on with anogenital exposure	Not Limited	Up to 0.5%
9	Rinse-off: bar soap, body wash, scrubs, bath bombs	Not Limited	Up to 3% — well-behaved in cold process soap. Sweet, apple-like floral scent. Moderate retention. Popular in sensitive-skin soap formulations.
10A	Home fragrance: reed diffusers, pot pourri, sachets	Not Limited	Up to 10%
10B	Room spray, linen spray, air freshener spray	Not Limited	Up to 5%
11A	Fabric treatment rinse-off (fabric softener, laundry detergent)	Not Limited	Up to 2%
11B	Fabric treatment leave-on (dryer sheets, pillow spray)	Not Limited	Up to 2%
12	Non-skin contact: candles, wax melts, incense	Not Limited	Up to 8%

Note: Roman Chamomile Essential Oil has no IFRA-restricted materials at typical composition levels, so no category-specific maximum applies under the 51st Amendment. The "Navy Heart Recommended" column reflects Navy Heart's own formulation guidance for good sensory and safety practice — not an IFRA-mandated ceiling.

COLOUR KEY

Green	Not Limited — no IFRA restriction in this category. All categories for this oil currently fall here.
White	Standard limit applies — use at or below the stated maximum. (Not applicable to this oil at present.)
Amber	Use with extra caution — sensitive area (lips, baby, intimate). Lower recommended levels still apply as a formulation best practice even though IFRA does not mandate a cap.
Red	Not Approved / 0% — not permitted in this category. (Not applicable to this oil.)

ADDITIONAL FORMULATION NOTES

Soap makers (Category 9):

Roman chamomile is not IFRA-limited in soap. Up to 3% is a suitable recommendation. Sweet, apple-like, slightly herbal scent. Popular in sensitive-skin and baby soap formulations. Well-behaved in cold process soap with no acceleration.

Sensitive skin formulations:

Roman chamomile is frequently used in formulas designed for sensitive, reactive, or allergy-prone skin. With no IFRA category cap, meaningful use levels are available across all leave-on applications; Navy Heart's recommended levels above are a formulation best-practice guide, not a regulatory ceiling.

Phototoxicity:

Roman chamomile essential oil is not phototoxic. No sun-exposure precautions required.

Note on German chamomile:

Roman and German (*Matricaria recutita*) chamomile are different essential oils. German chamomile does carry its own separate IFRA/allergen profile — this document applies to Roman chamomile only.

Disclaimer: This IFRA compliance document is prepared in good faith based on known typical constituent data for this essential oil and the IFRA 51st Amendment (June 2023). Usage limits are based on typical composition ranges and information derived from supplier testing. It is the responsibility of the formulator to verify compliance for their specific formulation. Navy Heart Essential Oils makes no warranty as to the accuracy or completeness of this information. Always perform your own safety assessment before use in consumer products.

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