



Navy Heart Essential Oils

Calgary, Alberta, Canada
Tel: +1 (403) 901-6428 | navyheart.ca@gmail.com | navyheart.ca

IFRA COMPLIANCE DOCUMENT

Clary Sage Essential Oil (Steam Distilled) | IFRA 51st Amendment (June 2023)
Issue Date: May 24, 2026

PRODUCT IDENTIFICATION

Product Name	Clary Sage Essential Oil (Steam Distilled)
Botanical Name	Salvia sclarea
INCI Name	Salvia Sclarea (Clary) Oil
CAS Number	8016-63-5
Product Type	Essential Oil — Aromatic
Supplier	Navy Heart Essential Oils, Calgary, Alberta, Canada
IFRA Amendment	51st Amendment to the IFRA Code of Practice (published June 2023)
Document Issue Date	May 24, 2026

IFRA COMPLIANCE STATEMENT

Navy Heart Essential Oils hereby confirms that Clary Sage Essential Oil (steam distilled) is assessed in accordance with the IFRA 51st Amendment (June 2023). This oil is compliant for use in the product categories listed below at the maximum concentration levels stated.

Clary sage essential oil has very generous IFRA limits across virtually all categories, including body leave-on (Not Limited in 5A), candles, soap, and room sprays. The primary restricted constituents are linalool and linalyl acetate (the same as lavender), but their concentrations result in much more permissive limits. This is one of the most IFRA-friendly essential oils.

Key restricted constituents (typical composition): Linalyl acetate 60–75% — Linalool 10–20% — Germacrene-D 5–10% — Alpha-terpineol trace.

IFRA CATEGORY USAGE LIMITS — 51ST AMENDMENT

IFRA Category	Typical Product Applications	Max. Usage Level (51st Amdt.)	Navy Heart Recommended
1	Lip products (lip balm, lipstick, lip gloss, lip scrub)	65.00%	Up to 1% for lip use
2	Deodorant & antiperspirant (spray, stick, roll-on)	20.83%	Up to 2%
3	Facial makeup, eye products, foundation, blush	91.66%	Up to 1%

4	Hair leave-on (hair oil, hair serum, scalp treatment)	Not Limited	Up to 3%
5A	Body leave-on: body lotion, butter, oil, cream	Not Limited	Up to 2%
5B	Face leave-on: facial moisturiser, face cream, serum, toner	65.00%	Up to 1%
5C	Hand leave-on: hand cream, hand lotion, cuticle cream	78.33%	Up to 1.5%
5D	Baby leave-on: baby lotion, baby oil, baby cream, diaper cream	21.66%	Up to 0.5%
6	Intimate wipes, feminine hygiene products	13.33%	Up to 0.5%
7A	Rinse-off body: shower gel, body wash, shampoo, bath products	65.00%	Up to 3%
7B	Rinse-off hair: conditioner, hair mask, hair rinse	65.00%	Up to 2%
8	Intimate leave-on with anogenital exposure	21.66%	Up to 0.5%
9	Rinse-off: bar soap, body wash, scrubs, bath bombs	Not Limited	Up to 3% — not limited in soap.
10A	Home fragrance: reed diffusers, sachets	91.66%	Up to 10%
10B	Room spray, linen spray, air freshener spray	Not Limited	Up to 5%
11A	Fabric treatment rinse-off (fabric softener, laundry detergent)	21.66%	Up to 2%
11B	Fabric treatment leave-on (dryer sheets, pillow spray)	21.66%	Up to 2%
12	Non-skin contact: candles, wax melts, incense	Not Limited	Up to 10%

Note: Maximum usage levels are sourced from an IFRA 51st Amendment Certificate of Conformity for Clary Sage Essential Oil (Salvia sclarea). The Navy Heart Recommended column reflects conservative precautionary limits.

COLOUR KEY

Green	Not Limited — no IFRA restriction in this category.
White	Standard limit applies — use at or below the stated maximum.
Amber	Use with extra caution — sensitive area (lips, baby, intimate). Lower recommended levels apply.
Red	Not Approved / 0% — not permitted in this category.

ADDITIONAL FORMULATION NOTES

Soap makers (Category 9):

Clary sage is not limited in soap. Up to 3% is the Navy Heart recommendation. Warm, herbal, slightly sweet with floral undertones. Well-behaved in cold process soap with no acceleration. Excellent in feminine or spa-style soap blends.

Leave-on products:

Body lotion (5A) is Not Limited — clary sage can be used at standard cosmetic levels (0.5–2%) with no IFRA concerns. Face cream is limited to 65% — far above any practical cosmetic usage.

Phototoxicity:

Clary sage essential oil is not phototoxic. No sun-exposure precautions required.

Hormonal note:

Clary sage is traditionally used in women's wellness. While this is not an IFRA consideration, some customers may ask about it. It is not a restriction but a formulation consideration for specific product lines.

Disclaimer: This IFRA compliance document is prepared in good faith based on known typical constituent data for this essential oil and the IFRA 51st Amendment (June 2023). Usage limits are based on typical composition ranges and information derived from supplier testing. It is the responsibility of the formulator to verify compliance for their specific formulation. Navy Heart Essential Oils makes no warranty as to the accuracy or completeness of this information. Always perform your own safety assessment before use in consumer products.

Navy Heart Essential Oils | Calgary, AB, Canada | navyheart.ca | navyheart.ca@gmail.com | +1 (403) 901-6428